What to do if you become a victim of human trafficking or witness it?

If you are abroad:
- **112** — emergency line in the EU;
- **+38 044 238 16 57** or **+38 044 238 18 24** — 24-hour consular operational service;
- **527.org.ua** — contacts of organizations that help victims in the country where you are now.

If your documents have been taken away, don’t worry, emergency services, non-governmental organizations, or consulates will help you anyway.

If you are in Ukraine:
- **15-47** — a state hotline for reporting domestic violence, human trafficking, gender-based violence and violence against children;
- **527** — National Counter-Trafficking and Migrant Advice Hotline;
- **116 123** (or **0 800 500 335**) — National hotline from the NGO La Strada-Ukraine to combat domestic violence, human trafficking, and gender discrimination.

How to be careful when considering new employment?

Do not say yes to the first offer that promises you quick money. If something seems too good to be true, it probably is.

If the job offer is valid for young girls with no work experience, it is a "red flag".

In order to work in Europe, a person must apply for a work permit. If you are offered a job without the documents, do not accept it. Working without documents is a violation of law, and you can be prosecuted for it.

If you are employed abroad via a Ukrainian intermediary company, check whether it has a license to carry out such activities. You can do it on the website of the Ministry of Economy.

Most countries offer Ukrainians to use their own Employment Services for employment. Volunteers have information about this.

Do not pledge your passport or give it to employers or other persons.

Sign only the documents written in the language you understand. Make sure that the employment contract is translated correctly, it does not contain vague wording, and all conditions are clear: duties, work schedule, salary, medical and social insurance, vacation, and days off. If necessary, consult a lawyer.

The employer must be ready to answer all your questions. If he gets annoyed, begins to intimidate or manipulate ("So, do you need a job or not?", "You won't find anything better anyway"), refuses to show documents about his business - these are signs of possible criminal activity.

Do not accept a job with many unknown aspects. For example, if you need to transport packages and you do not know what is inside of them or if they say that you will do "something according to the situation" or "whatever they ask you to do".

If they promise extremely high wages, this is rather a reason to be wary than to rejoice.

Once you hear about compensating the employer’s expenses “from your first salary,” you should leave immediately. And after that, warn volunteers and public organizations involved in human trafficking about it. It can happen that you will save someone’s life.

Template-based and 100% positive reviews about the company on the Internet are suspicious.

Changing previous agreements at the last minute before signing the contract or starting work is an excuse to interrupt your cooperation.

Trust your judgment. If you are uncomfortable somewhere and/or if people raise concerns and you do not trust them, leave the place and these people. Do not be afraid that you will look ungrateful or impolite. Your safety is more important. You do not have to explain to anyone why you do not want to work or live somewhere, or communicate with someone – you have the right to do so! A moment of embarrassment can save you from years of slavery.
How to prepare for departure?

Never give your passport or other identity documents to anyone.

Take photos of important documents in advance (passports, identification code, health insurance, etc.), send them to your e-mail, print them out, and take the copies with you. Leave one copy of the documents and a recently taken photo of you with a trusted friend/relative.

Plan a route. Think about where you will spend the nights.

Arrange with relatives or an adult you know well how you will communicate during the trip. It should be someone whom you have known for a long time and can trust: close relatives, a teacher, parents of your close friends.

Agree with these people on a code word, phrase, or sign that will indicate that you are in danger and need help. It should be something that you can easily say in everyday conversation, but that won’t sound accidentally.

Tell other people only necessary information about yourself. Don’t say anything that will make them suspect your predicament and take advantage of it.

How to keep yourself safe on the road?

In European countries, there are numerous actively working public organizations and services that provide assistance to victims of human trafficking, violence, etc. Just in case, make sure you have their contacts.

Make sure you have e-mails, telephone numbers, and addresses of consulates and embassies of Ukraine with you. Try to remember the phone number.

Download a phrasebook or dictionary so you can ask for help when needed.

Before traveling abroad, find out what rights you will have, as well as find information about local traditions and laws. Pay attention to the rules for unaccompanied minors if you are traveling alone.

The website of our Ministry of Foreign Affairs has a FRIEND system, it allows you to stay in touch with consular institutions of Ukraine around the world. Before departure, register in it.

Install the Chatbot “Safety of Women Abroad” and the Chatbot “Hotline 52!” There, you will find hotline numbers, addresses of embassies, contacts of volunteers, lawyers, psychologists, etc.

Every day, inform your family or close friends about where you are and which people you communicate with.

Do not give your phone or other means of communication to anyone. Do not leave them unattended anywhere.

Do not trust random strangers, even women or your peers - they could be involved in recruiting potential victims.

Beware if you dare to get in a car with strangers, no matter how friendly they look. Take a photo of the car’s license plate and driver’s documents (if possible) and send it to a trusted friend/relative. And it’s better not to get into cars at all.

If your passport is lost abroad or it was taken by force, contact the embassy or consulate of Ukraine immediately. You will not be punished for this, it is their job to help you.

Try not to stay alone but be with two or three other people at least. If possible, contact governmental or non-governmental organizations for help with accommodation or transportation.

Sometimes, attackers can pretend to be volunteers. Ask about the organization for which the volunteer works and if there is information about this organization on the Internet.

Be wary of offers from strangers. Especially if these offers are meant only for young women and girls.

How not to run into danger when you are already at the final destination?

Don’t borrow anything from strangers or people who are very insist on lending you money. This can be used to force you into slave labor.

Contact public organizations or volunteer centers to find out everything about lodging, work, and the process of obtaining documents.

Ask to be accommodated in a center for Ukrainian immigrants until you find another place to live.

Before leaving, it is better to save the contact details of several organizations that offer accommodation, in case there are no places in the center you are going to or other difficulties arise.

If you are offered to live with a family, inform the volunteers at the center about it, and leave them all your contacts and addresses. Be sure to tell your loved ones at home about it.

Remember that in Europe, apartments are rented out only with a contract. If you are offered housing without it, it is suspicious. In addition, if you do not have a housing contract, the state will not be able to reimburse the rent for you and you will lose money.

Keep copies of your documents separate from the originals.